






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>All Activities are a Maximum of a Hour long unless otherwise notified</div> <div>Calendar is Subject to Change !!!</div>					<div>1</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Catholic Mass with Father Frederick D' Souza GR</div> <div>10:00 Retirees Book Club AC</div> <div>10:00 Episcopal Lutheran Service GC</div> <div>10:30 Bingo 2L</div> <div>3:00-4:30 Wine Buds AC</div> <div>6:00 Movie Night GR/2L</div>	<div>2</div> <div>10:00 Chair Dancing with Barbara AC</div> <div>11:00 Village Cowboy 2L</div> <div>11:00 Resident Arts and Crafts Time– Gather together to work on your own craft projects AC</div> <div>1:00 Saturday Bingo with Volunteer Ireland 2L</div> <div>6:00 Movie GR/2L</div>
<div>3</div> <div>8:30 Trans. to Suncrest Methodist FL</div> <div>9:00 Inspirational Church Services Channel 5</div> <div>11:30 AM – 1:00 PM IL Sunday Buffet GR</div> <div>6:00 Movie Night GR/2L</div>	<div>4</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>9:30 AM Ollie's Bargain Outlet Shopping Trip</div> <div>1:30-2:30 Bible Study GR</div> <div>2:30 National White Wine Day! Enjoy in the Café!</div> <div>6:00 Classical Music and Singing Performance by Jing Zhang, Ting Ting and Annie FL</div>	<div>5</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>9:30 AM Old Kroger's</div> <div>10:00 Tai Chi GR</div> <div>1:00 Staycation Program with Ashley and Tracey: Bring items/photos to share of past trips GR</div> <div>2:00 Resources available for Veterans by Kyndal with Happy to Help Caregiving GR</div> <div>3:00 Sit 'n Stretch AC</div> <div>6:00 Movie GR/2L</div>	<div>6</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>9:30 AM WVU Libraries Exhibit - West Virginians in WWII: In Their Own Words</div> <div>10:00 Coffee/Donuts C</div> <div>2:00 National Root Beer Float Day! SP</div> <div>3:00 Bingo 2L</div> <div>6:00 Summer Fun with Ashley & Tracey! S'more's by the fire pit VP</div>	<div>7</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Tai Chi GR</div> <div>11:00 Flavored Iced Freeze Pops to Enjoy in the Café!</div> <div>2:00 Bingo 2L</div> <div>3:00 Library Committee Meeting L</div> <div>3:00 Sit 'n Stretch AC</div> <div>7:00 Harp Concert GR</div>	<div>8</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Catholic Communion AC</div> <div>10:00 IL BP & Weight Checks - Wellness Room</div> <div>11:00 40's thru the 60's Guitar Tunes with Frank De George 2L</div> <div>1:00 Craft with Tracey - Diamond Dot AC</div> <div>3:00-4:30 Wine Buds AC</div> <div>6:00 Movie Night GR/2L</div>	<div>9</div> <div>9:15 AM Village Softball Game at White Park</div> <div>10:00 Chair Dancing with Barbara GR</div> <div>11:00 Resident Arts and Crafts Time– Gather together to work on your own craft projects AC</div> <div>2:00 Afternoon Ax Throwing GR</div> <div>6:00 Movie Night GR/2L</div> <div></div>
<div>10</div> <div>8:30 Trans. to Suncrest Methodist FL</div> <div>9:00 Inspirational Church Services Channel 5</div> <div>11:30 AM – 1:00 PM IL Sunday Buffet GR</div> <div>1:30 Card Making with Eleanor AC</div> <div>6:00 Movie Night GR/2L</div> <div></div>	<div>11</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>9:30 Ring Toss 2L</div> <div>11:00-12:00 Activity Committee Meeting AC</div> <div>1:00 PM Mountaineer Country Ice Cream Shop!</div> <div>1:30-2:30 Bible Study GR</div> <div>2:30 Farewell to Louise Reppy! Cake served in the Arts and Crafts Room</div> <div>6:00 Movie GR/2L</div>	<div>12</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Tai Chi GR</div> <div>11:00 Summer Mixer (Snack & Drink) with Ashley and Tracey VP</div> <div></div> <div>1:00 PM Suncrest Kroger's</div> <div>3:00 Bingo 2L</div> <div>3:00 Sit 'n Stretch AC</div> <div>6:00 "The Drifters Meet the Brill Building" presentation by Barry Wendell GR</div>	<div>13</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>9:30 Assisted Living Town Hall Meeting 2L</div> <div>10:00 Coffee/Donuts C</div> <div>10:30 AM Sweet Baby's at Rising Creek Lunch</div> <div>2:00 Independent Living Town Hall Meeting GR</div> <div>6:00 Introduction to Lauren's Wish - Addiction Triage Center (Educational Program) by Mike Cole GR</div>	<div>14</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Tai Chi GR</div> <div>11:00 Bingo AC</div> <div>12:30-3:30 Village Bridge GR</div> <div>2:00 National Creamsicle Day C</div> <div></div> <div>3:00 Sit 'n Stretch AC</div> <div>6:00 Movie GR/2L</div>	<div>15</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Catholic Communion AC</div> <div>10:00 Episcopal Lutheran Service GC</div> <div>11:00 40's thru the 60's Guitar Tunes with Frank De George 2L</div> <div>1:00 Ikebana Flower Arranging Class AC</div> <div>3:00-4:30 Wine Buds AC</div> <div>6:00 Movie Night GR/2L</div>	<div>16</div> <div>10:00 Chair Dancing with Barbara GR</div> <div>11:00 Village Cowboy 2L</div> <div>11:00 Resident Arts and Crafts Time– Gather together to work on your own craft projects AC</div> <div>6:00 Movie GR/2L</div>



The Village at Heritage Point
Calendar of Activities
August 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>17</div> <div>8:30 Trans. to Suncrest Methodist FL</div> <div>9:00 Inspirational Church Services Channel 5</div> <div>11:30 AM – 1:00 PM IL Sunday Buffet GR</div> <div>6:00 Reminiscing with Jeanette GR</div>	<div>18</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Recycling Meeting GC</div> <div>11:00 Zoom Presentation by Patriot Angel–Topic: Aide and Attendant for Veterans and Spouses GR</div> <div>1:30-2:30 Bible Study GR</div> <div>2:30 Cell Help and Q&A with AT&T AC</div> <div>6:00 Movie GR/2L</div>	<div>19</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>9:30 AM Aldi's Trip</div> <div>10:00 Tai Chi GR</div> <div>10:30 Marketing Meeting AC</div> <div>11:00 Outreach Committee AC</div> <div>1:00-2:00 Food Committee Meeting AC</div> <div>2:00 August Trivia with Ashley C</div> <div>3:00 Sit 'n Stretch AC</div> <div>4-6 Hawaiian Buffet GR</div> <div>6:00 Luau Performance by Pam and Barry! FL</div>	<div>20</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>9:00 AM Pennsylvania Trolley Museum in Washington, PA with Lunch at Chick-fil-A!</div> <div>10:00 Coffee/Donuts C</div> <div>3:00 Resident Council AC</div> <div>6:00 Summer Show with Medical Music Outreach Program FL</div>	<div>21</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Tai Chi GR</div> <div>11:00 Jeopardy with Brett from Amedisys AC</div> <div>1:00 Summer Hawaiian Luau with Kathryn Moats from Home Instead - Hawaiian trivia, prizes, and a sweet treat!! C</div> <div>1:30 Hearing Aid Screening and Cleaning by Hearing Solutions GC</div> <div>3:00 Sit 'n Stretch AC</div> <div>6:00 Movie GR/2L</div>	<div>22</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Catholic Communion AC</div> <div>10:00 IL BP & Weight Checks - Wellness Room</div> <div>11:00 Sticker By Number Art AC</div> <div>1:00 Movement to Music with Cindy AC</div> <div>2:00 Bingo 2L</div> <div>3:00-4:30 Wine Buds AC</div> <div>6:00 Movie Night GR/2L</div>	<div>23</div> <div>10:00 Chair Dancing with Barbara GR</div> <div>11:00 Resident Arts and Crafts Time–Gather together to work on your own craft projects AC</div> <div>1:30 On Your Own Games with Friends C</div> <div>6:00 Movie Night GR/2L</div>
<div>24</div> <div>8:30 Trans. to Suncrest Methodist FL</div> <div>9:00 Inspirational Church Services Channel 5</div> <div>11:30 AM – 1:00 PM IL Sunday Buffet GR</div> <div>6:00 Movie Night GR/2L</div>	<div>25</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>11:30 AM Dorsey's Knob Park for a Picnic</div> <div>1:30-2:30 Bible Study GR</div> <div>3:00 Standing or Sitting Moving and Grooving to Country Music with Makenzie from WVU Country Line Dancing Club AC</div> <div>6:00 Dale Cinski Variety Night of Music "Meaningful Music For the Greatest Generation" (50's Rock and Roll, Motown, Jazz, Swing, Dixieland, Latin, and Country) FL</div>	<div>26</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Tai Chi GR</div> <div>1:00 Bingo 2L</div> <div>2:00 Mon Doc 101 - Dr. Peter Kochupura (Medical Director of Pulmonology Care) Program GR</div> <div>3:00 Sit 'n Stretch AC</div> <div>5:30 PM Black Bears Game</div>	<div>27</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>9:30 AM Wal-Mart</div> <div>10:00 Coffee/Donuts C</div> <div>1:00 Simple Craft with WV Caring Johna AC</div> <div>2:00 Resident Birthday Party GR</div> <div>6:00 Movie Night GR/2L</div>	<div>28</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Tai Chi GR</div> <div>11:00 Kickoff to Labor Day Fun with Kyndal with Happy to Help Caregiving C</div> <div>12:30-3:30 Village Bridge GR</div> <div>1:00 2025 Football Season Kickoff Party! Treats and Fun with Ashley and Tracey C/AC</div> <div>3:00 Sit 'n Stretch AC</div> <div>6:00 Movie Night GR/2L</div>	<div>29</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Catholic Communion AC</div> <div>10:00 Episcopal Lutheran Service GC</div> <div>11:00 Bingo 2L</div> <div>1:00 Craft with Tracey AC</div> <div>3:00-4:30 Wine Buds AC</div> <div>6:00 Movie Night GR/2L</div>	<div>30</div> <div>10:00 Chair Dancing with Barbara GR</div> <div>11:00 Resident Arts and Crafts Time–Gather together to work on your own craft projects AC</div> <div>1:00 Saturday Bingo with Volunteer Ireland 2L</div> <div>2:00 PM WVU Football Game vs. RMU</div>
<div>31</div> <div>8:30 Trans. to Suncrest Methodist FL</div> <div>9:00 Inspirational Church Services Channel 5</div> <div>11:30 AM – 1:00 PM IL Sunday Buffet GR</div> <div>6:00 Movie Night GR/2L</div>	<div>Location Key</div> <div>FL-Front Lobby GR-Great Room AC-Arts & Crafts Room C-Café</div> <div>GC-Game & Card Rm. L-Library SP-Suites Patio SL-Suites Lobby</div> <div>SA-Suites Activity 2L-Suites 2nd Floor Lounge</div> <div>EL-Elevator Lobby FR-Fitness Room WO-Wellness Office</div>					<div>Calendar is Subject to Change !!!</div>

For more information contact:
Ashley Kaminsky - Life Enrichment Manager 304-285-5576 or
Tracey Gregor - Life Enrichment Specialist 304-285-1250
1 Heritage Point Morgantown, WV 26505 www.heritage-point.com

